

THE
**EVERY
DAY
FAITH**
— MAGAZINE

YOUR BEST
LIFE NOW

**EXPERIENCE
THE FIRE**

**ASK THE
PROPHET**

**FAITH IN
ACTION
FAITH +
BREAST
CANCER
AWARENESS**

**UNSHAKEABLE
FAITH**

**EVERYDAY
EATS RECIPES**



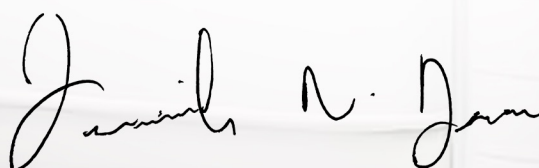
Dear Readers,

It's with great excitement and anticipation that we embark on this journey together. This magazine was born out of a desire to explore how faith touches every moment of our lives not just in the extraordinary, but in the everyday. In a world that moves quickly, we often forget to pause and acknowledge the power of faith in our daily routines, relationships, and even in our moments of uncertainty. Our mission is simple: to inspire, uplift, and remind you that faith isn't just a part of your life, it is woven into every part of it.

Everyday Faith is a community, and this magazine is for anyone who desires to live out their faith authentically, whether at home, at work, or in the world around them. As you flip through these pages, our prayer is that you'll find something that speaks directly to your heart and encourages you to walk with greater hope, purpose, and connection to your faith.

Thank you for joining us on this new chapter. We are thrilled to have you with us as we begin this journey together.

With great joy,

A handwritten signature in black ink, reading "Jennifer N. Jones". The signature is written in a cursive, flowing style. The background of the entire page is a soft-focus photograph of a white tufted sofa with dark wooden legs, positioned in front of a window with light-colored curtains.

Taking you from faith to faith for everyday life...

James N. Jones



Unshakable Faith:

Believing God for the impossible

Scripture Focus: Hebrews 11:1, 6

"Now faith is the assurance (the confirmation, the title deed) of the things we hope for, being the proof of things we do not see and the conviction of their reality. But without faith it is impossible to please Him. For whoever would come near to God must believe that He exists and that He is the rewarder of those who diligently seek Him."

Faith is the foundation of the Christian life. It is the very ground we stand on. Without it, the writer of Hebrews tells us, it is impossible to please God. Faith that pleases God is not fragile, not adjustable, not watered down, it is faith that holds firm when life shakes and dares to trust God for the impossible.

Faith in the Fire

The believers in Hebrews faced severe pressure. They were mocked in public, stripped of property, thrown into prison, and weary from constant trials. The temptation was real: scale back, lower expectations, return to the old ways for safety. But the Spirit, through this letter, was clear: faith cannot shrink to fit circumstances. A faith that bends with pressure cannot bear weight in the storm. The same is true for us today. If our faith only works when life is easy, it is not the faith Hebrews 11 describes. True faith is proven in the fire.

Faith That Reaches Beyond Sight

Faith is not passive hope, it is confident trust. It calls us to look beyond what we can see, touch, or measure and to take hold of God's promises as reality before they appear. If what we believe for never stretches us, never draws questions from others, never requires God to step in, then we may not be walking in faith at all. Real faith reaches for what human effort cannot accomplish. It positions us where only God can receive the glory.

Faith Anchored in God's Word

What sustains faith under pressure is not our strength but God's truth. Our feelings change. Circumstances shift. But God's Word is unshakable. Faith does not rest on optimism; it rests on the unchanging character of God. This is why we keep believing even when others cannot understand. When people wonder, "Why are you still holding on?" the answer is simple: because God has spoken, and He cannot lie. Faith that pleases God is not safe, it is steadfast. It is not shallow, it is sure. It is not based on what we see but on Who we know. Faith for the impossible is faith that endures the fire, reaches beyond sight, and anchors itself in the unshakable Word of God. This is the kind of faith God is calling His people to walk in a faith that refuses to retreat, refuses to compromise, and refuses to stop believing until the promise comes forth.

Reflection & Application

1. Where have you lowered your expectations of God?

Be honest, are there areas where you've scaled back your faith to protect yourself from disappointment?

2. What promise are you holding onto?

Write it down. Anchor it in Scripture. Remind yourself daily that God's Word is greater than your circumstances.

3. How will you stretch your faith this week?

Take one step beyond your comfort zone, pray bigger, believe bolder, and trust deeper.



**"Strength, beauty,
and hope live in
minority families
not just surviving,
but thriving,
leading, and
inspiring us all."**



Every Day Eats!

Every Day Eats!



PUMPKIN PANCAKES

1 CUP ALL-PURPOSE FLOUR
1 TBSP BROWN SUGAR
1 TSP BAKING POWDER
½ TSP BAKING SODA
½ TSP CINNAMON
¼ TSP NUTMEG
¼ TSP GINGER
¼ TSP SALT

¾ CUP MILK (OR ALMOND/OAT MILK) ½ CUP
PUMPKIN PURÉE (NOT PUMPKIN PIE FILLING)
1 EGG 1 TBSP MELTED BUTTER (PLUS MORE
FOR COOKING)
1 TSP VANILLA EXTRACT

OPTIONAL TOPPINGS:

MAPLE SYRUP, WHIPPED CREAM, PECANS, OR
A SPRINKLE OF CINNAMON SUGAR.

Ask^{the} Prophet

Hey Prophet,

How do I actually experience the real love of God and start loving myself and others in a healthy Godly way?

-Anonymous Reader

Hey Reader,

You experience the real love of God by receiving His love through Jesus—believing He loves you unconditionally, not because of what you do but because of who He is. As you accept His love, it heals your view of yourself, and from that overflow, you're empowered to love others with grace, patience, and truth. Let God's love be your foundation, start there daily.

With grace and wisdom,

Prophet Jeremiah Dean

Have a Question for the Prophet?

Have questions on your heart?
Seeking Spirit-led wisdom and guidance?
Submit your questions ONLINE AT
WWW.JEREMIAHDEAN.COM to Ask the
Prophet—all submissions are completely
anonymous.

You may even see your question featured
in the next edition of the magazine!

Share your questions today and let the
Word illuminate your path!

Faith2Faith:Missions

Caring for the earth
with faith and love
for future

generations.



Article Written by Rebekah Dismute

Faith2Faith:Missions

EVERY YEAR, OVER 300 MILLION TONS OF PLASTIC ARE PRODUCED GLOBALLY—MUCH OF IT SINGLE-USE AND DISCARDED WITHIN MINUTES.

TRAGICALLY, MORE THAN 8 MILLION TONS OF PLASTIC WASTE END UP IN OUR OCEANS ANNUALLY, HARMING MARINE LIFE AND POLLUTING THE ENVIRONMENT GOD ENTRUSTED TO US.

AS CHRISTIANS CALLED TO BE GOOD STEWARDS (GENESIS 2:15), CARING FOR THE EARTH IS AN ACT OF FAITH AND LOVE FOR FUTURE GENERATIONS.

HERE'S HOW YOU CAN JOIN THE MOVEMENT:

USE A REUSABLE WATER BOTTLE INSTEAD OF DISPOSABLE PLASTIC BOTTLES (OVER 1 MILLION PLASTIC BOTTLES ARE BOUGHT EVERY MINUTE WORLDWIDE).

BRING YOUR OWN CLOTH BAGS WHEN SHOPPING (AMERICANS USE ABOUT 100 BILLION PLASTIC BAGS PER YEAR).

SAY NO TO PLASTIC STRAWS AND DISPOSABLE CUTLERY (500 MILLION PLASTIC STRAWS ARE USED DAILY IN THE US ALONE).

USE A REUSABLE COFFEE CUP OR ENJOY DRINKS AT THE CAFÉ INSTEAD OF TAKEOUT.

CHOOSE PRODUCTS WITH MINIMAL OR COMPOSTABLE PACKAGING.

THESE SIMPLE CHANGES HONOR GOD'S CREATION AND PROTECT THE WORLD FOR THOSE WHO COME AFTER US.

REMEMBER, "THE EARTH IS THE LORD'S, AND EVERYTHING IN IT" (PSALM 24:1).

LET'S STEWARD HIS CREATION WELL BY MAKING THOUGHTFUL, PLASTIC-FREE CHOICES THIS JULY.



FACE
YOUR
FEAR
WITH
FAITH





Facing fear, finding faith: a breast cancer survivor's story of courage and hope.

Meet Stephanie, a courageous woman whose faith has been her anchor through one of life's greatest challenges. After a breast cancer diagnosis, Stephanie faced surgery, chemotherapy, and the emotional rollercoaster that comes with such a battle. Yet through every fear-filled moment, prayer and trust in God carried her forward. In this candid conversation, she shares her journey, revealing how faith, hope, and the support of her community have empowered her to keep moving, showing us all that when fear rises, faith speaks louder.

Q&A Interview

Q1. Can you share a little about your journey since receiving your diagnosis and beginning treatment?

Since my breast cancer diagnosis, it has been a very emotional journey. At first, I didn't know how to process it. I became angry, asking, "Why me, at 62 years old?" But cancer doesn't discriminate—it has no age and comes in many forms. Mine was diagnosed as hormonal cancer.

On June 27, 2025, I had a mastectomy at the University of Chicago. My medical team was amazing—guiding, supporting, and helping me make decisions that were right for me. After surgery, I couldn't bring myself to look at my chest. During my first shower, I kept my eyes closed. The next day, I told myself, "You must face your body and accept that your breast has been removed to save your life." When I finally looked, I cried.

Because of healing complications, I had to undergo a second surgery. Afterward, I decided against reconstruction and chose to use a prosthesis instead. I said, "No more surgeries."

My first chemotherapy treatment was on August 11, 2025, with three more scheduled through October, every three weeks. The side effects—fatigue, loss of appetite, and frequent trips to the washroom have been difficult, and I don't know what the next rounds will bring. But every day I remind myself, "I can do all things through Jesus Christ." I am determined to fight chemotherapy and not allow it to break my spirit. My mindset has shifted from fear to strength: "I can do this."

Faith In Action

Facing fear, finding faith: a breast cancer survivor's story of courage and hope.

Q2. How has your faith in God carried you through the most difficult days of chemo and recovery?

My faith has been tested, but it has also sustained me. From the beginning, I told my doctors, "I trust you, but my faith is with my God." I bought a shirt that says, "Faith is not believing that God can, it's knowing that He will." That phrase became a daily reminder whenever I felt overwhelmed. I never wanted to think that my faith was slipping—I just prayed continually, asking God to keep me going.

Q3. Were there specific scriptures, prayers, or worship songs that became your anchor during this season?

Yes. One of my favorite songs is "You Know My Name" by Tasha Cobbs—it reminds me that God sees me and knows me personally, giving me strength. I also lean on scriptures such as Ephesians 2:4–5, Philippians 4:7, and Deuteronomy 7:9. I keep them in my notes and revisit them often, sometimes reading them with friends and family for encouragement.

Q4. What role has your family or spiritual community played in supporting you?

I've been blessed with tremendous support. My friends, neighbors, family, and even the management of my building have shown me love and care. My siblings and children have had their own emotions to process, but I reassure them, "God has the wheel, and our faith will carry us through." At work, my co-workers gather in a prayer circle—often lifting me up in prayer. Every act of support has meant so much to me.

Q5. Some people say trials test or deepen their faith. How has this experience shaped your relationship with God?

This trial has made my faith stronger than ever. When you face something traumatic, you can't help but wonder: "Will I live through this? How long can I fight? Will I see my family again next year?" These thoughts tested me, but they also pushed me closer to God. I told myself, "I will fight with all my strength until God tells me it's time to come home." Whenever I felt tired and ready to give up, prayer lifted me back up.



Facing fear, finding faith: a breast cancer survivor's story of courage and hope.

Q6. On days when fear or discouragement tried to take over, what helped you hold onto hope?

When fear tried to creep in, I would speak to myself out loud: "I will not let fear control me." I refused to give discouragement a foothold. Negativity can destroy your peace if you let it, so I made the choice to keep my thoughts and space positive.

Q7. What does victory look like for you—not just physically, but spiritually and emotionally as well?

Victory is knowing that God has been with me every step of the way. Spiritually, I hear Him telling me, "I've got you." Emotionally, victory means holding onto hope—hope that I'll live to see my grandchildren grow into young adults, continue sharing life with my siblings, and cherish my best friend of 57 years, Pamela, who has faithfully supported me with prayer and love.

Q8. Has this journey given you a new perspective on life and faith?

Yes, it has changed me deeply. I don't take anything for granted anymore. I live each day with gratitude, praying not only for myself but also for my family, friends, and even strangers. My faith has become much stronger. I've also taken action by starting a breast cancer awareness group under my name to participate in the Making Strides walk at Soldier Field in October. We'll walk not only for me but for everyone impacted by this disease.

Q9. What message of encouragement would you want to share with others walking through cancer or any life-threatening illness?

Never believe that you won't come out of this. Keep a positive attitude and pray constantly—prayer will lift you. Allow your supporters to strengthen you, and don't push them away even if they can't fully understand your pain. Listen to your doctors, ask questions, and stay informed about your body. Most importantly, never doubt God. You are not alone.

Faith In Action

Facing fear, finding faith: a breast cancer survivor's story of courage and hope.

Q10. Looking ahead, what do you hope your testimony will inspire in others?

I hope my story inspires women of color, and all women, to schedule their mammograms every year. I missed one year, and the next year I was diagnosed with cancer. Early detection is critical. I also hope my testimony reminds people that fear does not define you. Through prayer, therapy, and faith, I've learned to walk this journey with strength. By the grace of God, you can overcome too.

Stephanie's journey is a living testament to the power of faith in the midst of life's fiercest battles. Through surgeries, chemotherapy, and the moments when fear threatened to overwhelm her, she chose to stand firm, trusting God's promises above all else. Her story shows us that faith is not passive, it is action, courage, and perseverance when life feels impossible. Stephanie's unwavering trust, hope, and determination inspire us to face our own challenges with boldness, to cling to God through every storm, and to believe that no matter the trial, faith will always prevail.





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